

## **CDPI Connections e-bulletin**

**To: CDPI Executive & Regional Leads & Facilitators;**

**From:** Betty Kozak, CDPI Training Coordinator 476-7843 or 476-0467 cell [bkozak@arha.ca](mailto:bkozak@arha.ca)

**Purpose:** to provide a short, concise update regarding CDPI Training events, dates and related information.

### **Update from Joint Management Committee (JMC):**

The following CDPI Reporting Dates were discussed at the JMC meeting and agreed upon:

May 1<sup>st</sup>, 2009 for Year end reports for 2008-09

May 1<sup>st</sup>, 2009 for Community Action Plans for 2009 – 2010

Nov. 1<sup>st</sup>, 2009 for 6 month Monitoring forms (Apr. 1- Sept. 30 2009)

**Urgent call out for April 1- Sept. 30 2008 six month CDPI monitoring forms!** Would regions please submit Community Monitoring Forms for Apr. 1- Sept. 30, 2008 as soon as possible to Jim Evanchuk at [jim.evanchuk@gov.mb.ca](mailto:jim.evanchuk@gov.mb.ca) or Betty Kozak at [bkozak@arha.ca](mailto:bkozak@arha.ca) - thanks everyone!

### **Share & Learn Reflection**

Approx. 65 people from our Manitoba CDPI community came together to; share their stories, celebrate CDPI “Healthy Together Now” (communication package), experience participatory video taping, & learn more about digital photography! Kerrie Wilson’s CDPI Video is posted on “youtube” – you need to search by “Kerrie Wilson Hamiota” – thank -you to Kerrie for being so willing to share! The “Healthy Together Now” communication package will be up on health in common website [www.healthincommon.ca](http://www.healthincommon.ca) by early in the new year - Check it out! Attached to this email are the CDPI Story highlights and Supports or Resources Needed provincial summary. I will send each region their individual summary directly. Overall the evaluations from Share & Learn are quite good; an evaluation summary will be shared with the CDPI Training committee at our next meeting in January. Thank-you to Lynn Watkins & Wendy Singleton for being part of the planning team for Share & Learn – much appreciated! Thank-you to all the folks who lead energizers – we saw creativity in action! Thanks also to my Assiniboine RHA Health Promotion team; Sherrill-Lee Hyra & Melody Kowalchuk for helping in so many ways behind the scenes.

### **Communication Products Question for CPDI Leads:**

We have had requests from the regions for more “Healthy Together Now” communication materials and I would like to coordinate a print order if possible to reduce overall costs. Would you please let me know by **January 5<sup>th</sup>, 2009** the quantities you need for your region of the following items:

- ★ CDPI pamphlets (small blue brochure)
- ★ Complete Communication package
- ★ Manitoba Stories (book of 69 stories)

### **“What’s in your lunch?” Display Boards Update**

Exciting news; the Dairy Farmers (Pat McCarthy Briggs) has joined the “what’s in your lunch?” display boards’ project, so the display boards are evolving but the messaging is still the same. The Interlake team is hoping to have a 1<sup>st</sup> draft ready by the end of January, so that the boards can be previewed at the March 6, 2009 Nutrition Forum and have order forms available for interested people.

Final cost hasn’t been determined yet due to new development costs but the approximate price may be in the \$350 -375 range for the set of 5 boards.

Potentially, the sets of boards could be available at the Nutrition Forum for CDPI folks to pick up for their regions.

**An update about the Not on Tobacco (NOT)** - Loretta Corbeil, Mb Lung Assoc. is looking at becoming a Master Trainer for Not on Tobacco (NOT) so she can deliver the Not on Tobacco (NOT) training. Also Loretta is willing to partner with regions & offers her support for training for the “Lungs are for Life” program.

**CDPAC Conference:** A Manitoba team presented “Thinking and Working as an Integrated Chronic Disease Prevention System” at CDPAC in Ottawa Nov 25. Kristin Anderson, Laura Donatelli, Karen Burton (Brandon Community Facilitator) & Betty Kozak presented what turned out to be a condensed 15 minute version. Thank- you to Jim Evanchuk, Deb Clevett, and Don Gamache for your planning assistance.

**Healthy Living Magazine:** This full colour 12pg magazine (blue & bright green 8.5 x 11) is available by emailing Jim Evanchuk at [jim.evanchuk@mb.gov.ca](mailto:jim.evanchuk@mb.gov.ca); there are 400 magazines in a box and lots of quantities still available. I have attached the pdf file for the magazine as part of this e-bulletin package.

**Canadian Cancer Society Knowledge Exchange Network Update  
Laura Plett says....**

First, I would like to say thank you to those who have either replied to the email survey around knowledge exchange/evidence. If you have not completed it, please do so as soon as possible as it is giving valuable information which will direct the work of Canadian Cancer Society Knowledge Exchange Network for the future. Also thanks to those who have responded to the telephone surveys. Where possible, I have chosen 2 people to respond from each region. I have nearly completed this phase with a few more calls to make. If you would like to participate in the phone survey, please let me know via email and provide a suitable time to call you.

We continue to work on the Towards Evidence Informed Practice project. We hope to hear more developments in the New Year. Based on the responses from the surveys that people have completed, we may focus our time on the topics of: finding and using evidence and on evaluation. If you have some thoughts around this, please let me know. I value your input and I look forward to hearing from you. Laura’s contact information: [lplett@mb.cancer.ca](mailto:lplett@mb.cancer.ca); phone: 204-324-9328 or 204-774-7483.

**Happy Holidays! Wishing you & your families all the very best for 2009!**

If you have questions, suggestions or comments please call:  
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**Healthy Together Now**