

CDPI Connections e-bulletin

To: all CDPI Community Members

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Purpose: to provide a short, concise update regarding CDPI Training events, dates and related information.

Congratulations to all!

We have exciting news to share with all our CDPI Community members, partners, and friends! Two awards for CDPI in our province; please take a moment & reflect on how much your CDPI committee has accomplished in your own community and celebrate your successes - you are making a difference!

The following two stories are excerpts from the original press releases.... Please read on and celebrate!

Reh Fit Foundation; Healthy Living Award in Group Category

“The Daily Health Awareness Team (DHAT) represents the communities of Hamiota, Kenton, Oak River and Miniota were recipients of the Healthy Living Award in the group category at the 11th Annual Healthy Living Awards held in Winnipeg” said Sherrill-Lee Hyra, Health Promotion Coordinator for the Assiniboine Regional Health Authority.

The Reh Fit Foundation in partnership with the Province of Manitoba hosted the awards. The event is designed to be a celebration of the people in communities who promote and encourage healthy and active living. The DHAT Team has been together for five years now and has been working hard at creating opportunities that promote healthy living in the four communities they represent.

“They have done projects like the Fit Family Fun Challenge, cooking classes, grocery store tours, wellness screening, Fun and Active with GPS, and smoking prevention in schools,” said Hyra. The DHAT Committee is supported by many community members that have a vision for a healthy community. The project receives financial support from the Midwest Recreation District and the Province of Manitoba’s Chronic Disease Prevention Initiative funded through the Assiniboine Regional Health Authority.

“This is an evening to remember,” said Kerri Wilson, DHAT Facilitator who was on hand to accept the award on behalf of the committee and who attended the event with Bonnie Michaudville, Committee member and Recreation Director for the Midwest Recreation District. “It is wonderful to see so many people come together to celebrate the success that can be achieved in promoting health and well-being in our communities when we work together.”

Manitoba Takes Home National Award for Health Care Innovation

Manitoba’s Chronic Disease Prevention Initiative (CDPI), a partnership between communities across the province and the health-care system, has received a Tommy Douglas Celebration of Medicare Award in the general disease management category.

The Tommy Douglas Celebration of Medicare awards are presented by the New Health Professionals Network, which represents 20,000 students training in medicine, pharmacy, nursing and chiropractic care.

“By addressing lifestyle factors including smoking cessation, physical activity and healthy eating, the Chronic Disease Prevention Initiative empowers citizens to reduce their risk for chronic disease,” said Brynne Stainsby, president of the Student Canadian Chiropractic Association, and chair of the Tommy Douglas Celebration of Medicare Awards selection committee. “The selection committee was impressed with the grassroots efforts focused on evidence-based, integrated programs and especially pleased to note the focus on creating a sustainable programs”.

For CDPI to receive this National Award, it is a celebration of the efforts at many levels to support community based actions to reduce risks for chronic disease. Our recipe for success has had many ingredients; the partnership with the Alliance for the Prevention of Chronic Disease (Manitoba), coordinating roles of the Regional Health Authorities and the relationships with partners in our communities. This award goes to the each and every volunteer who has worked together in their own communities to find a way to create environments for healthy living.

Together we have strengthened and enhanced community capacity to support healthy lifestyle choices. Thank – you for your tireless efforts - enjoy the recognition of a National Award!!

Congratulations to all involved in CDPI - Celebrate your successes!!