

PROVINCIAL SUMMARY – REGIONAL CDPI TRAINING PLANS

ASSINIBOINE

Conferences/Meetings for community volunteers and staff; builds ongoing skill and knowledge to motivate and give tools needed to execute projects
Community Gardens and Community Kitchens; builds capacity for community members to grow, prepare and safely preserve their own food
Healthy Food Choices in canteens and recreation facilities
Physical Activity books, CFG floor mats, tobacco reduction DVD's and manual. Build knowledge, skills and education using credible resources that support programming in the three modifiable risk factor areas
Build capacity within community members, committee and facilitators to work in the area of health promotion, and specifically the three modifiable risk factor areas
Revive Recess increase fun ways to be active; build lifelong commitment to physical activity

BRANDON

Engagement of youth and schools to use YHS data for meaningful healthy lifestyle projects and to implement effective actions
Conferences/Meetings for community volunteers and staff; builds ongoing skill and knowledge to motivate and give tools needed to execute projects
Community Gardens and Community Kitchens; builds capacity for community members to grow, prepare and safely preserve their own food

BURNTWOOD

Facilitation training for professionals around chronic disease prevention and mobilizing communities; sharing resources collaboration and strengthen partnerships
Conferences/Meetings for community volunteers and staff; builds ongoing skill and knowledge to motivate and give tools needed to execute projects
Disseminate website information on Blue Light Project
30 minute video production on Burnt wood CDPI Northern Journey
Handbook of resources for use by liaisons and communities in advancing CDPI

CENTRAL

Engagement of youth and schools to use YHS data for meaningful healthy lifestyle projects

INTERLAKE

Train RHA staff to teach others how to understand and use the YHS results. Help to impact programming through the region with focus being applied to risk populations

NEMAN

Youth Leadership/Mentorship – develop leadership skills related to actively adopting healthier lifestyles and knowledge on modifiable risk factors. Become leaders in promoting healthy living Initiatives in harder to reach populations
School Presentations regarding healthy lifestyles
Develop local skills in proposal writing and board development; assisting communities with sustainability of future programs
Coaching. Reffing and Fitness Instructor training clinics for youth activities
Northern Harvest Forum; healthy nutrition/weight; promote growing and accessing healthy foods
Training Workshop targeted at health care (weight, dieting and body image)
Create and maintain a database that houses registered community volunteers and organizations; increase community capacity

NORMAN

Training youth to use photo voice/utube/facebook and participatory video taping to increase knowledge on modifiable risk factors and engage a harder to reach population
Youth Leadership/Mentorship – develop leadership skills related to actively adopting healthier lifestyles and knowledge on modifiable risk factors. Become leaders in promoting healthy living Initiatives in harder to reach populations

PARKLAND

Facilitation training for professionals around chronic disease prevention and mobilizing communities; sharing resources collaboration and strengthen partnerships
Community Kitchen Facilitator Training

PT DOUGLAS

Aboriginal Games Training (cultural awareness through the recreation leadership and Aboriginal Games Training)
Mental Health Recreation Programming training for Adult mental health workers (Micah House)
"Living it Up" Nutrition Program for Seniors
Healthy Food Choices in canteens and recreation facilities
Food Handler Certificate course training for community members

SEMAN

Local Leaders Fund – assist volunteers from community groups to access training to bring back to their community
Develop local skills in proposal writing and board development; assisting communities with sustainability of future programs
Get Better Together – Peer Leader Training
Conferences/Meetings for community volunteers and staff; builds ongoing skill and knowledge to motivate and give tools needed to execute projects
Training workshops in nutrition, active living, Living it up and toolkits for Everyone gets to Play
Healthy Food Choices in canteens and recreation facilities
Community Gardens and Community Kitchens; builds capacity for community members to grow, prepare and safely preserve their own food
Train the Trainer workshops – NOT Lungs are for Life, SWAT, Quit Happens, Tobacco awareness, further develop Reg. Facilitator, train professionals how to make behaviour changes in communities

SEVEN OAKS

Food Handler Certificate course training for community members
Conferences/Meetings for community volunteers and staff; builds ongoing skill and knowledge to motivate and give tools needed to execute projects