

# Play Made Easy Resources

Games with a Purpose	<a href="http://www.coachingmanitoba.ca">www.coachingmanitoba.ca</a>
Active Start One Pagers	<a href="http://www.manitobainmotion.ca">www.manitobainmotion.ca</a>
Push2Play	<a href="http://www.sk.bluecross.ca/push2play">www.sk.bluecross.ca/push2play</a>
Back Pocket Games	<a href="http://www.lin.ca">www.lin.ca</a>
Daily Physical Activity Manual	<a href="http://www.saskatchewaninmotion.ca">www.saskatchewaninmotion.ca</a>
Bright Ideas. Let's Get Moving	<a href="http://www.lin.ca">www.lin.ca</a> . - once at the website, click on resources section, then click on activity
Lacrosse FITS	<a href="http://www.lacrosse.ca">www.lacrosse.ca</a>
Up Down All Around	<a href="http://www.ruschkin.com/lessonplans.html">www.ruschkin.com/lessonplans.html</a>
Run Jump Throw	<a href="http://www.athletics.ca/page.asp?id=64">www.athletics.ca/page.asp?id=64</a>
Steve Nash Youth Basketball	<a href="http://www.basketballmanitoba.ca">www.basketballmanitoba.ca</a>
Rally Cap	<a href="http://www.baseballmanitoba.ca">www.baseballmanitoba.ca</a>